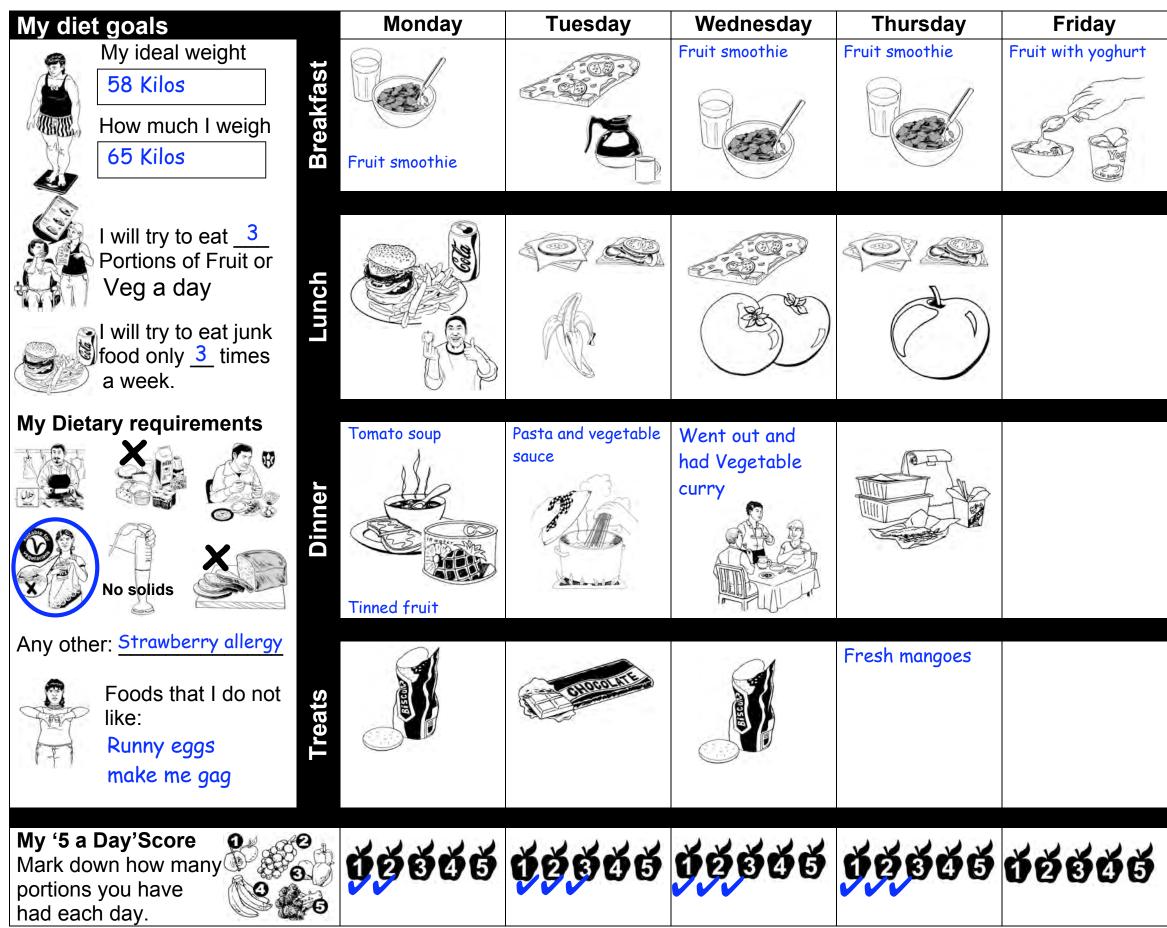
## My Healthy Eating Plan Name: Sita Patel

Supported by:



## Week beginning:

Saturday	Sunday
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